

## A warning to all from police

WALLETS and other valuables have been stolen from homes in Dunsborough recently. Police have warned everyone to lock up.



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## Alleged armed robber apprehended by police

A MAN who allegedly robbed a young woman at knife point was arrested by Busselton detectives last Friday morning.

As a result of police enquiries, a 20-year-old man was apprehended by police in Mandurah.

He appeared in the Mandurah Magistrate's Court where, due to the serious nature of his offence, he was refused bail and has been remanded in custody.

It is alleged that the man approached a 25-year-old woman at the telephone box outside the Busselton Post Office on Prince Street at 9.30pm on the evening of June 28.

Detective Senior Constable Ty Graham of the Busselton Police said that the charges would be heard in the Supreme Court and that the charge of armed robbery carried a maximum sentence of life in prison.



Riding to raise awareness: Steve Andrews.

## Black dog ride

by Meredith Dixon

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LOCAL man Steve Andrews sets off on his solo motorbike trip this Sunday with the aim of raising awareness about depression - one of the most common forms of mental illness.

Steve's epic Black Dog ride will see him travel around Australia, on highway one.

On the way he will meet with various Lions club members to talk about depression and the resources available to fight it. He will also be talking to the media. In fact, he'll be talking to anyone who cares to listen to him.

Although about one million Australian adults live with depression, stigma can prevent people from accessing appropriate help.

Steve believes that being more aware of depression and talking about it can make a huge difference. "The big problem is that people just don't want to talk about it - especially men who may feel that they will be seen as weak," he said.

While Steve doesn't suffer from depression, he has seen and felt its devastating impact first hand. He lost his mother and two close friends to suicide following long battles with depression and his eldest daughter also suffered with the illness for 10 years before receiving treatment.

Steve's Black Dog ride combines two of his life's passions - motorcycle riding and raising awareness about depression.

"I have always loved motorbike riding and it was my dream to ride around Australia," he said. "When my mate's wife committed suicide last year after battling with depression, the idea hit me. I realised I could help by getting on my bike and raising awareness."

Steve is also raising money for the Suicide Call Back Service run by Crisis Support Services. This service offers a free, nation-wide telephone service providing support for people at risk of suicide, their carers, and those bereaved by suicide.

Steve will set off on his ride from the Busselton foreshore, near the Goose Cafe at around 10am this Sunday. Members of the Ulysses Motorcycle Club will accompany him for the some of the ride.

Anyone else interested in joining Steve for the ride out of town is welcome. You can follow Steve on his journey and make a donation to the Suicide Call Back Service by visiting his website, [www.blackdogride.com.au](http://www.blackdogride.com.au)



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